(英語)



(Translated by)
Nagareyama International Friendship Association
Phone 04-7178-6007
(Mondays, Wednesdays, and Fridays 10:00~16:00)

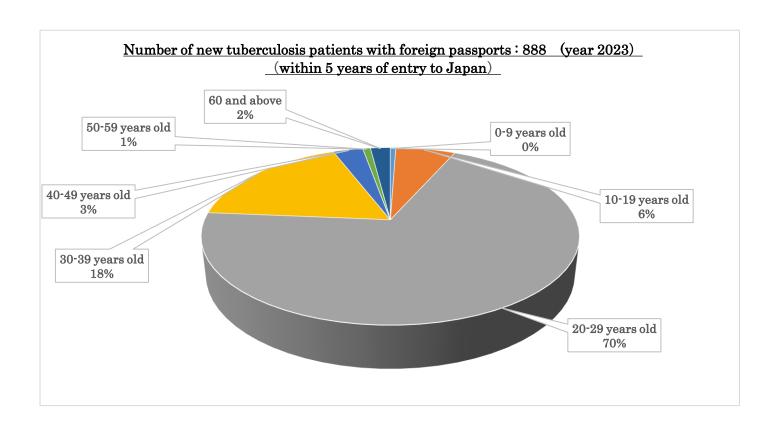


List of Useful Living Information

# Tuberculosis The Sooner You Know, the Sooner You Recover.

In Japan, more than 10,000 people contract tuberculosis each year, and about 1,500 people die from the disease.

About 10% of all the patients were born abroad. Among the patients aged 20 to 29, 70% were born abroad.



# What is tuberculosis?

Cough lasting more than two weeks, increased phlegm, feeling sluggish, or chest pain.

Do you have any of these symptoms? You might have tuberculosis.

Tuberculosis is transmitted when a patient sneezes, spreading tuberculosis bacteria into the air, which are then inhaled deep into the lungs of those who are nearby.

### Can tuberculosis be cured?

Tuberculosis can be cured if you take your medication as prescribed.

The typical treatment period is six months. (This may vary depending on symptoms and other factors.)

When you receive treatment at a designated medical institution, 95% of the costs are publicly subsidized.

## How do you check if it's tuberculosis?

It can be diagnosed through X-rays and sputum tests.

If you have any symptoms described above, be sure to visit a medical facility. (If you have symptoms, you can use your health insurance.)

Nagareyama City conducts annual tuberculosis screenings (chest X-rays) for residents aged 40 and above

# The screening is free of charge, but application is required.

However, the following persons are not eligible for the screening.

- 1. Persons currently receiving treatments or under observation at medical facilities for lung disease
- 2. Persons who have opportunities to undergo health checkups in their companies or at medical facilities designated for periodical checkups

Where to apply: Nagareyama City Health Center

Phone 04-7154-0331 (weekdays 8:30~17:15)

#### Consultation Desk

Public Interest Incorporated Foundation Japan Anti-Tuberculosis Association

Tuberculosis Consultation for Foreigners Phone: 03-3292-1218, 03-3292-1219

English, Korean (by appointment), Chinese, Vietnamese: Tuesdays 10:00~12:00 13:00~15:00

Burmese: Tuesdays 10:00~12:00

Nepali: The second and fourth Tuesdays 10:00~12:00

#### Information for Foreigners

https://www.jatahq.org/about\_tb/qa#foreigner

You can get information in the following languages via the link above or the QR code on the right.



English, Chinese, Korean, Indonesian, Mongolian, Portuguese, Tagalog, Burmese, Vietnamese, Russian, Spanish, Hindi, Nepali, and Thai